April 25th & 26th – POOL will be CLOSED

We have the Scottsbluff Dive Team doing their training here at the YMCA so that they can continue to provide help when needed.

LAP POOL (March thru May 31st, 2020)

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-8am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	CLOSED Lap Swim (8 am - 12 pm)	CLOSED
8am-10am	AQUA-CARDIO (8-9) Senior Swim (9-10)	Silver Sneakers Splash (8-9) Senior Swim (9-10)	Boga Yoga (7:30 am - 8) Aqua-Kickbox (8 - 9) Senior Swim (9-10)	Silver Sneakers Splash (8-9) Senior Swim (9-10)	WATER WORKOUT (8-9) Senior Swim (9-10)		
10am-2pm	Lap Swim (10AM-2PM)	Lap Swim (10AM-2PM)	Lap Swim (10AM-2PM)	School Parties 10 am - 12 pm Lap Swim 12 - 2 pm	Lap Swim (10AM-2PM)	OPEN SWIM 12 - 5:30pm	OPEN SWIM 12:30-5:30
2pm - 4pm	CLOSED for cleaning	CLOSED for cleaning	CLOSED for cleaning	CLOSED for cleaning	CLOSED for cleaning		
4 - 6:30 pm	Lap Swim 4 - 5:45 pm Water Exercise 5:45 - 6:30 pm	Lap Swim 4 - 5:45 pm Water Exercise 5:45 - 6:30 pm	Lap Swim 4 - 5:45 pm Water Exercise 5:45 - 6:30 pm	Lap Swim 4 - 5:45 pm Water Exercise 5:45 - 6:30 pm	Lap Swim 4 - 5:45 pm Water Exercise 5:45 - 6:30 pm		
6-7:30 PM	Torpedos	Torpedos	Torpedos	Torpedos	Torpedos	CLOSED	CLOSED
7:30 - 9 pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

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THERAPY POOL (March thru May 31st, 2020)

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-10am	Therapy Use	Therapy Use	Therapy Use	Therapy Use	Therapy Use	CLOSED	CLOSED
10am-11am	TWINGES & HINGES		TWINGES & HINGES		TWINGES & HINGES	Therapy Use 8AM-5:30 PM	
11am -2pm	Therapy Use		Therapy Use		Therapy Use		
2pm -4pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		Therapy Use 12:30-5:30PM
4 - 6:30 pm	Therapy Use	Therapy Use	Therapy Use	Therapy Use	Therapy Use		
6:30-7:30 pm	FAMILY SWIM *Parents must be in pool	FAMILY SWIM *Parents must be in pool	FAMILY SWIM *Parents must be in pool	FAMILY SWIM *Parents must be in pool	FAMILY SWIM *Parents must be in pool	CLOSED	CLOSED
7:30 - 9pm	Therapy Use	Therapy Use	Therapy Use	Therapy Use	Therapy Use		
9pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		