



Scottsbluff Family YMCA & First State Bank

present the

TURKEY TROT 5K

Saturday November 23, 2019

**Family Friendly – 5K Walk/Run & 1-mile fun run
Come run the race before you stuff your face!**

TURKEY TROT DAY RUN DOWN:

- Check-in begins at 7:30 am
- 1 – mile fun run will begin at 8:15 am
- 5K walk/run will begin at 9:00 am
- Race will begin and end on the Monument Valley Pathway at the YMCA
- 5K winners will receive a certificate for a 10 lb. frozen turkey

TURKEY TROT FEES:

- \$20 Adult – ages 16 & up – 5K – T-shirt & Gobbler Goodie Bag
- \$10 Youth – ages 6 – 15 – 5K – T-shirt & Gobbler Goodie Bag
- \$5 – 1 Mile Fun Run – Gobbler Goodie Bag – no T-shirt
- 5 & under free with paid adult – includes Gobbler Goodie Bag

Pre-register for the 5K by November 18th, 2019 to guarantee your 2019 Turkey Trot T-shirt!

REGISTRATION FORM for TURKEY TROT

_____ 5K or _____ 1 Mile Fun Run

One participant per form please!

Name: _____ Address: _____

City, State & Zip: _____ Phone: _____

Email: _____ Age: _____ Male or Female

T-shirt size for Adults & Students (Circle One)

Youth Sizes: S (6-8) M (10-12) L (14-16) Adult Sizes: S M L XL 2XL 3XL 4XL

Bring a new unwrapped gift to the YMCA or First State Bank at time of registration to receive \$5.00 off your registration fee for the 5K run/walk.

Your gift will go to the First State Bank "GIFT OF LOVE" Program!

Gift received: Yes or No Staff initials _____ Total paid: \$ _____