

YMCA POOL SCHEDULE Fall/Winter 2017			LAP POOL				
HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-8am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	CLOSED	CLOSED
8am-10am	WATER WORKOUT/ SENIOR SWIM	WATER WORKOUT/ SENIOR SWIM CLOSED 9-11	WATER WORKOUT/ SENIOR SWIM	WATER WORKOUT/ SENIOR SWIM CLOSED 9 - 11	WATER WORKOUT/ SENIOR SWIM	LAP SWIM	
10am-2pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	OPEN SWIM 10-5:30	OPEN SWIM 12:30-5:30
2pm-4pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
4pm-5pm	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS		
5pm-6:30pm	WATER WORKOUT/ LAP SWIM	WATER WORKOUT/ LAP SWIM	WATER WORKOUT/ LAP SWIM	WATER WORKOUT/ LAP SWIM	WATER WORKOUT/ LAP SWIM	CLOSED	CLOSED
6:30pm-9pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

THERAPY POOL							
HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-9am	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	CLOSED	CLOSED
9am-10am	SENIOR SWIM	CLOSED 9:30-11	SENIOR SWIM	CLOSED 9:30-11	SENIOR SWIM	OPEN SWIM 8-5:30	
10am-11am	TWINGES & HINGES		TWINGES & HINGES		TWINGES & HINGES		
11am-1pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
1 pm-2pm							
2pm-4pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
4pm-5pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
5pm-6pm	THERAPEUTIC WATER WORKOUT	THERAPEUTIC WATER WORKOUT	THERAPEUTIC WATER WORKOUT	THERAPEUTIC WATER WORKOUT	THERAPEUTIC WATER WORKOUT		
6pm-9pm	OPEN SWIM/ SWIM LESSONS	OPEN SWIM/ SWIM LESSONS	OPEN SWIM/ SWIM LESSONS	OPEN SWIM/ SWIM LESSONS	OPEN SWIM/ SWIM LESSONS	CLOSED	CLOSED
9pm							